Case Report Guidelines
(2020 new)
(With reference to the CARE case report guidelines)

* Indicates required headings and subheadings

1 Title

2 Author(s)

3 Abstract (one paragraph, unstructured, up to 350 words)
The patient’s main concerns and important clinical findings;
The primary diagnoses, interventions, and outcomes;
What is unique about this case and what does it add to the scientific literature;
One or more learning points from this case report.

4 Keywords (up to 10)

5 Introduction
Briefly summarizes the background of this disease, and why this case is unique and may include medical literature references.

6 Case Report
This section may include 4 subheadings:

1) Investigations (patient information and clinical findings)
De-identified patient specific information;
Primary concerns and symptoms of the patient;
Medical, family, and psychosocial history including relevant genetic information;
Relevant past interventions and their outcomes;
Significant physical examination (PE) and important clinical findings.
A Timeline is preferable: Historical and current information from this episode of care organized as a timeline (figure or table).

2) Diagnosis
Diagnostic methods (PE, laboratory testing, imaging, surveys);
Diagnostic challenges;
Diagnosis (including other diagnoses considered);
Differential diagnosis if applicable;
Prognostic characteristics when applicable.

*3) Treatment

Types of therapeutic intervention (pharmacologic, surgical, preventive);
Administration of therapeutic intervention (dosage, strength, duration);
Changes in therapeutic interventions with explanations.

*4) Follow-up and outcomes

Clinician- and patient-assessed outcomes if available;
Important follow-up diagnostic and other test results;
Intervention adherence and tolerability, (How was this assessed?);
Adverse and unanticipated events.

*7 Discussion

Strengths and limitations in your approach to this case;
Discussion of the relevant medical literature;
The rationale for your conclusions.

*With a subheading of Learning Points, the primary “take-away” lessons (learning points) from this case report (without references) in one paragraph.

*8 Declarations

Acknowledgement
Financial Disclosure or Funding
Conflict of Interest
Informed Consent
Author Contributions
Data Availability

*9 References